



LEAGUE 2024

OPEN CATEGORY AGE GROUP F (30-34)

Take part in 3 or more qualifying UK Triathlon Events in 2024 and see if you can win your age group or even the entire League.

Your 3 highest scoring events will automatically count as your total score.

The more events you do increases your chances of a better score.

Any Sprint or Olympic qualifies.

Only people who are female sex at birth are eligible to compete in the Female category. All individuals including transgender people are eligible to compete in the Open category.

POS.	NAME	AGE	STRATFORD	CHESHIRE	HENLEY	ALDERFORD	ULTIMATE	BUCKINGHAMSHIRE	BIRMINGHAM	YORK	SHROPSHIRE	NORTH WEST	WARWICKSHIRE	TOP 3 SCORE	Number of Races
1	Peter Edge	30		888							853	899		2640	3
2	Thomas Naraine	34		767		607						775		2149	3
3	Giles Wright	30	639								615	805		2059	3
4	James Fay	34		503		357						756		1616	3
5	Philip Roberts	32		1000							965			1965	2
6	Russ Gibbons	31	977									981		1958	2
7	Jamie Andrews	33				744					880			1624	2
8	John Sansome	31									755		805	1560	2
9	Adam Jewell	34						767			768			1535	2
10	Jack Jones	33				687					837			1524	2
11	Adam Billingsley	31		692								824		1516	2
12	Geraint May	32		718								764		1482	2
13	Jake Wilkins	32	761										700	1461	2
14	Sam Sparks	34			705					565				1270	2
15	Sam Read	33	568					644						1212	2
16	Adam Millington	31		624								558		1182	2
17	Tom Lloyd	34		385								719		1104	2
18	Thomas Allen	31								215		865		1080	2
19	Mike Cummings	30						521	544					1065	2
20	Stephen Spooner	34	1000											1000	1
21	Tomos Hales	32					1000							1000	1
22	Luke Wilkins	30	996											996	1
23	Dan Harbidge	31									991			991	1
24	matthew everest	34							989					989	1
25	Ben Allon-Smith	31								987				987	1

26	Benjamin Allon-Smith	31	979	979	1	
27	Damien Waters	33	975	975	1	
28	Tomas Keen	32	975	975	1	
29	Michael Dawes	31	974	974	1	
30	Nick Lewis	34	967	967	1	
31	William Harlow	34	966	966	1	
32	Alex Barlow	30	965	965	1	
33	Remi Warren	32	964	964	1	
34	Oisin Higgins	33	955	955	1	
35	Myles Hynes	31	945	945	1	
36	Elliot Thurland	33	936	936	1	
37	Ivo Thomas	30	932	932	1	
38	Jake Brattle	30	931	931	1	
39	James Bradbury	34	279	652	931	2
40	Harry Luscombe	34	928	928	1	
41	Ryan Bradburn	33	919	919	1	
42	Alexander Wibberley	32	911	911	1	
43	Ben Robinson	33	334	575	909	2
44	Craig Farrow	33	909	909	1	
45	Richard Greaves	32	905	905	1	
46	David Peacock	33	905	905	1	
47	Daniel Durn	33	895	895	1	
48	Luke Barrie	31	894	894	1	
49	Lee Allwood	32	888	888	1	
50	Matt Seddon	30	884	884	1	
51	Dave Goddin	34	882	882	1	
52	Lewis Sanders	31	871	871	1	
53	Jerome Richards	33	869	869	1	
54	Callum Moreman	31	868	868	1	
55	Thomas Jones	31	867	867	1	
56	Isaac Walker	34	865	865	1	
57	Jack Roberts	31	863	863	1	
58	Owen Archer	34	861	861	1	
59	Joseph Davis-Powell	32	858	858	1	
60	Tim Woolley	31	858	858	1	
61	Adam Renvoize	32	856	856	1	
62	Peter Draper	32	855	855	1	
63	Sukhpal Randeva	32	848	848	1	
64	James O'Donnell	33	848	848	1	

65	Matt Griffin	33		845	845	1
66	Tegid Richards	30	842		842	1
67	Adam Hughes	31		842	842	1
68	Lewis Towers	33		838	838	1
69	Phil Crisford	32	836		836	1
70	Ben Jones	34		835	835	1
71	Thomas Turner	31	830		830	1
72	Simon Tilsley	32	813		813	1
73	James Kynaston	30		803	803	1
74	Samuel Davis	31		803	803	1
75	Christian Keogh	31	801		801	1
76	Daniel Stevens	30		801	801	1
77	Richard Wilson	33		790	790	1
78	NIK MALININ	34		769	769	1
79	Conor Godsall	30		760	760	1
80	Liam Chorley	31		760	760	1
81	Charlie Tomlinson	30		757	757	1
82	Tom Goddard	34	753		753	1
83	Hamish Chan	32	749		749	1
84	Eddie Smith Taylor	33		747	747	1
85	Jordan Bland	33	489	246	735	2
86	Samuel Walton	33	732		732	1
87	Pete Hallinan	34	724		724	1
88	Shaun Royal	32		723	723	1
89	Luke Smith	34	716		716	1
90	Jacob Frendo	30	714		714	1
91	Edward Ventre	30		707	707	1
92	Alex Chaudhuri	32		707	707	1
93	David Thompson	34		703	703	1
94	John Wells	34		700	700	1
95	Jonathan Fitzsimons	33	698		698	1
96	Ethan Davies	33		696	696	1
97	Tom Binnersley	32		694	694	1
98	Chris Atkinson	32		691	691	1
99	Aaron Walsh	31	690		690	1
100	Jordan Gillott	32		682	682	1
101	Jack Parkes	30		679	679	1
102	Thomas Wade	32	675		675	1
103	Dominic Le Blanc	30		674	674	1

104	Joseph Harris	34	672		672	1	
105	Joseph Hardwick	32		662	662	1	
106	Ben Ambage	30	652		652	1	
107	Joel Hidalgo	30	651		651	1	
108	Daniel Laycock	30		649	649	1	
109	Will Harris	34		646	646	1	
110	Timothy Jeffrey	32			644	644	1
111	Carwyn Owen	30	642		642	1	
112	Liam Meadley	30		641	641	1	
113	Liam Kelly	33			638	638	1
114	Matthew White	34			637	637	1
115	Thomas Sims	33			633	633	1
116	Chris Lister	31		628	628	1	
117	Matthew Jones	33		623	623	1	
118	Karl Wild	32			618	618	1
119	Ben Mcgarrigle	32	616		616	1	
120	Geoff Wu	34		616	616	1	
121	Gregory Dunn	30	615		615	1	
122	Joseph McGurk	31			611	611	1
123	Edward Glassonbury	33		609	609	1	
124	Elis Bere	30	606		606	1	
125	Jordan Allwood	32		606	606	1	
126	Sam Gould	32		595	595	1	
127	Jordan Riggon	31	594		594	1	
128	Rob Whittaker	31	592		592	1	
129	Rory Frost	31			592	592	1
130	Matthew Maries	32			577	577	1
131	Sam Brierley	30	572		572	1	
132	Peter Harrop	33		572	572	1	
133	Thomas Wilkinson	30		572	572	1	
134	Samuel Holdsworth	33	568		568	1	
135	Mark Evans	33	566		566	1	
136	Patrick Harlow	32		566	566	1	
137	Michael Cross	33	558		558	1	
138	Stuart Jackson	32		558	558	1	
139	Tom Kong	30	552		552	1	
140	David Taylor	31	216	333	549	2	
141	Natalie Montezuma-Allen	33		548	548	1	
142	John Bulmer	30			539	539	1

143	James Abbotson	34	537	537	1
144	Harrison Jones	30	536	536	1
145	Mark Anderton	34	535	535	1
146	Matthew Williams	31	529	529	1
147	Nathan Barr	32	527	527	1
148	Callum Davies	34	526	526	1
149	Dan Creeber	34	522	522	1
150	Christopher Stopp	31	513	513	1
151	Sam Astin	34	512	512	1
152	Roger Cottrell	30	505	505	1
153	Joe Gidney	30	503	503	1
154	Kieran Doherty	33	498	498	1
155	Natalie Montezuma	33	494	494	1
156	Joshua Berry	31	493	493	1
157	Andrew Pitt	31	491	491	1
158	James Monks	31	486	486	1
159	Christopher Melia	33	483	483	1
160	Jon Sprague	30	482	482	1
161	Nathan Clarke	34	480	480	1
162	Thomas kemp	30	480	480	1
163	Tom Dalton	30	480	480	1
164	Michael Hampson	30	478	478	1
165	Toby Bello	31	476	476	1
166	Massi Sarogni	31	473	473	1
167	Jonathan Morton	33	472	472	1
168	Alex Homatas	31	468	468	1
169	Matthew Cooper	34	468	468	1
170	Tom Riley	31	459	459	1
171	David Pearce	32	450	450	1
172	Alex Paulukiewicz	34	448	448	1
173	Sam Martin	31	448	448	1
174	Charlie Douthwaite	31	438	438	1
175	Luke Angus	34	436	436	1
176	Ranjeet Bansal	32	434	434	1
177	Tom Wood	34	431	431	1
178	Christopher Bridge	34	430	430	1
179	Dominic Gibson	31	430	430	1
180	James Spacie	34	428	428	1
181	JAMES HARWOOD	33	427	427	1

182	Tom Pilkington	30		426	426	1	
183	Jade Thompson	33	423		423	1	
184	Gyles Gayle	32	420		420	1	
185	Anton Thomas-Bring	32		420	420	1	
186	Luke Ramsay	30	417		417	1	
187	Scott Fleming	34		414	414	1	
188	Oliver Gardiner	34	404		404	1	
189	Matt Walsh	30		400	400	1	
190	Andrew Gibson	30		400	400	1	
191	Will Perriam	31	399		399	1	
192	Jonathan Stanforth	34		393	393	1	
193	Josh York	31		379	379	1	
194	Ajey Bhasker	34			378	378	1
195	Adam Saumtally	32	375		375	1	
196	Amir Khalifa	32		367	367	1	
197	Emma Shirley	31		367	367	1	
198	Owen Thomas	34		354	354	1	
199	Phillip Little	32		350	350	1	
200	Matthew makepeace	31		347	347	1	
201	Lucy Bird	33	345		345	1	
202	Henry Fisher	30			345	345	1
203	Dan Williams	34		344	344	1	
204	Greg Steele	33	343		343	1	
205	JOSEPH clay	32	342		342	1	
206	James Coggins	34		341	341	1	
207	Richard White	34		341	341	1	
208	Nick Andrew	34	337		337	1	
209	James Wisniewski	31	333		333	1	
210	Craig Balmer	33		324	324	1	
211	Douglas Francis	33	322		322	1	
212	Liam Habershon	32			308	308	1
213	Kallan Keenan	32		307	307	1	
214	Matt Ramsden	32	305		305	1	
215	Andy Crane	31			305	305	1
216	Robert Raymant	31	301		301	1	
217	Ben Taylor	30		292	292	1	
218	Tom Clarke	32			292	292	1
219	Oliver Shuttleworth	33		282	282	1	
220	Ben Millward	30	278		278	1	

221	Sean Stanley	32	273		273	1
222	Will Hoath	34		273	273	1
223	John Potter	34			272	1
224	Matthew Parrott	31	269			1
225	Dave Shaw	31		266		1
226	sean ruddock	32	265			1
227	Brendan Hoskins	32		264		1
228	Matt Levy	30			263	1
229	connor grant	30	259			1
230	Tommy Evans	34			259	1
231	Henry Kashi	31		252		1
232	James Labella	34	245			1
233	Matthew Aston	31		50	194	2
234	Christoph Bates	30	243			1
235	Mike Wood	33		239		1
236	Andrew Hull	30	236			1
237	lewis frodsham	31			236	1
238	Alex Hind	32		232		1
239	Luke Mcsorley	34			221	1
240	Jyoti Rehsi	32			220	1
241	Tom Busby	31			219	1
242	Jack Lanfear	30	214			1
243	Rick Marshman	33	213			1
244	Kristian Yarwood	30			213	1
245	Chris Daniels	31			203	1
246	Luke Savage	32			199	1
247	Mathew Phillips	33		196		1
248	Jonathan Obrien	32		191		1
249	Charles Reed	31	190			1
250	Jack Holloway	30		83	101	2
251	Jack Shannon	31		178		1
252	Dave Waumsley	32			178	1
253	Luke Morton	30		169		1
254	Chris Raynard	33		166		1
255	James Bradshaw	33			166	1
256	David Nixon	33	161			1
257	Christopher Tutton	31			158	1
258	Hannah stockil	30			154	1
259	David Watts	31	147			1

260	Reme Haddock	34		147	147	1
261	Chris Berkon	33	144		144	1
262	Daniel Marvin	33		141	141	1
263	Daniel Price	33	137		137	1
264	Henry Cheng	31		131	131	1
265	Shoukat Ashiti	33		130	130	1
266	Tom Millward	34	126		126	1
267	Callum Greig	34		124	124	1
268	Chandan Hanji	34		123	123	1
269	Chris Holgate	30	121		121	1
270	Alex Fotheringham	33	113		113	1
271	Thomas Richardson	30			105	1
272	Meghan Goodhead	32	101		101	1
273	Jake Brassey	31		92	92	1
274	James Hunt	34	89		89	1
275	Tiago Nunes	31		80	80	1
276	Matthew Hedar	33	78		78	1
277	Andy Nurser	31		76	76	1
278	Rob Raymant	31		68	68	1
279	Josh Shevas	32			65	1
280	Thomas Woodhead	32	62		62	1
281	Daniel Shevas	30			49	1
282	Matthew Kirkland	34		42	42	1
283	Amy Walker	30	33		33	1
284	Ashley Donoghue	32		33	33	1
285	Catherine Elkin	31			27	1
286	Emily Woods	32		25	25	1
287	Daniel Russell	34	21		21	1
288	Jonathan Piper	31		17	17	1
289	Jamie Denham	30		6	6	1